WHAT TO PACK for Urban Challenge in Springfield

* **Appropriate outerwear for the weather**- we will be waiting at bus stops and walking outdoors at times
  + closed- toe shoes (or boots)
  + warm outdoor clothing -jackets/gloves/hats
  + raincoat (optional)
* **Clothing to wear to volunteer sites**- appropriate words and phrases on clothing, no tight shirts, ripped clothing or tank tops
* **Towel and flip flops for shower**
* **Refillable water bottle**
* **Sleeping bag or bedroll and pillow**
* **Flashlight (for reading or going to the bathrooms at night)**
* **Anything you would want on an overnight trip:**

-medications

-pain reliever/ibuprofen

-shampoo/soap

-feminine hygiene

* We strongly recommend that you bring a **blow-up air mattress** to sleep on (there are no beds, you will be sleeping on the floor)
* We have Bibles you can use, but participants may want to bring their own.
* Journal or notebook to write in
* $3 in quarters for the bus